Name of Doublein and	Cab a al /Cua unu	Anthog
Name of Participant:	School/Group:	
Name of school/ group contact:	Phone no:	
What we need to know about par	rticipant;	
	Medical conditions, Injuries, Beł Sy	navioural or emotional needs mptoms/ likelihood/ triggers
Adjustments and adaptations that	t are already made at school/ setting	
Strategies/ Support/ Medication/ Treatment/ Emergency procedures		
Any areas of concern about visit from organisation, participant, carer/staff	Strategies and support proposed for address concerns	or/ or by Arthog OES to
,		
Next steps		
Signatures		
Parent/ Carer;	Participant;	School/organisation;

Individual Access Plan for Outdoor Educational Activities

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Individual Access Plan for Outdoor Educational Activities



Background

The purpose of this document is to assess a person's capabilities and vulnerabilities prior to them participating in a residential and/or outdoor adventurous activity. This information will provide the basis for risk assessment and risk management planning to allow the fullest participation possible. Outdoor adventure activities inherently contain an element of risk. The risks are associated with the nature of terrain, possible exposure to adverse weather, possible immersion in cold water, and potentially remote location. It is essential that individuals with additional needs and the staff looking after them are not exposed to unacceptable levels of risk as a consequence of their inclusion in an outdoor adventure activity programme.

Access

The Outdoor Education Service and Arthog have a history of providing outdoor adventure opportunities for pupils with complex needs which can include:

Balance and core stability	Hearing impairment	 Neurodiversity
Mobility	Visual impairment	ASD/ ADHD
Stamina	 Allergies 	Safety awareness
 Coordination 	 Asthma 	Toileting/ intimate care
Manual Handling	 Illnesses 	Medications or care
 Independence 	 Diabetes 	Other vulnerabilities
Confidence	Epilepsy	Recent injuries
Communication Skills	Mental health issues	 Emotional/ social maturity and current state
		current state

Safe inclusion in adventure activities is determined by risk assessment and appropriate risk assessment is based upon accurate information about the individual. On occasion, the outcome of the risk assessment process may demonstrate that it is not possible to put in place sufficient additional controls/reasonable adjustments to ensure the participant's safety when taking part in a specific activity. On these occasions, alternative opportunities will be considered.

When planning for outdoor adventure activities it is also necessary to be mindful of the needs of all participants in the activity group.

Differentiation within adventure activities can be very problematic, not every individual can access the same experience the same way, so streaming groups may be necessary. To maintain the quality of the experience, as well as our high safety standards, it is often necessary to work in smaller groups or with much higher staffing ratios.

Support and advice are available from;

School nursing service; 0333 358 3654; https://www.shropscommunityhealth.nhs.uk/school-nursing

Children's Occupational Therapy; 01743 450 800; shropcom.ot4kids@nhs.net

https://www.shropscommunityhealth.nhs.uk/childrens-occupational-therapy

Children's Physiotherapy; 01743 450 800; Children's community physiotherapy services in Shropshire

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