

Accompanying Adults Roles and Responsibilities



An Outreach experience for a child will give them the opportunity to develop independence, provide decision-making opportunities and present them with challenges to overcome.

Within the team, individuals will develop social skills, trust and reliance, as well as experiencing success. The degree of independence that you give the children in your care will vary with age, ability and attitude, but wherever feasible, they should be encouraged to take on responsibility and do their own decision-making and organising.

Before Session:

- Ensure you have a copy of the group list of names, as well as, medical and contact details.
- Check the group have relevant medicines, clothing and food for the day.
- Check you have your own relevant medicines, clothing and food for the day.
- Mobile phone policy? Collect and leave at school or give to your instructor for secure storage

What our staff do	What your staff do
<ul style="list-style-type: none">• The instructor will be in charge of the adventure activity session, we do need your presence and support.• Setting challenges and identifying opportunities• Monitoring safety and deciding when to stop/ change plans• 1st Aid and incident management• Recording incidents, accidents.• Direct activities for participants and accompanying adults• Boundaries• Group welfare	<ul style="list-style-type: none">• Your knowledge of the participants will be an invaluable resource on the course. Share information and ideas with your instructor.• Monitor behaviour and effort, if these fall below the expected norm .bring it to the instructor's attention.• You are the face that children know, and your support can be very effective when they are facing difficult or frightening challenges, to enable them to achieve their potential.• If you are a "1 to 1" allocated one individual to look after please stay with them.• Close support and observation/ intervention when needed

1. If you're engaged with each activity, following instructions, and being enthusiastic, it helps the students see it as a worthwhile thing to do. If you are disengaged, students get the opposite message.
2. Try not to get too drawn into the group- they are learning to depend on each other- not us.
3. Do not compromise your own safety during activities, for example by trying to assisting rock climbers, getting a better photograph, or lifting a canoe alone!

After the session:

- Run a review session to allow the students more opportunities to learn from the experience making it a more powerful learning opportunity.

Child Protection Issues:

We follow T&W guidelines. Alan Braybrooke and Chris Mosedale are Outreach's DSLs
Raise concerns with your instructor and designated person within your organisation

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- Share observations about the student's strengths, interests etc. with other members of staff on return. There is lots to learn about these young people on these days, which is rarely seen in their everyday lives.
- Pass any comments back to us, we are always keen to hear how individuals have benefited. Artwork and letters brighten our notice boards. We are also keen to hear about things that we can try to improve for the future.

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